

2013 CIC Conference Mee - 5/6/2013

5/6/2013

Results

Event 1 Girls Shot Put Varsity

Name	School	Finals
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Finals

1	Bramble, Erin	Waukee	36-03.50
2	Slaughter, Caroline	Waukee	34-11.75
3	Larkin, Keely	Johnston	34-04.00
4	Rogers, Ariel	Valley, Wdm	34-02.50
5	Gilson, Nicole	Urbandale	33-08.75
6	Taylor, Dakota	SE Polk	33-04.50
7	Young, Cheryl	Valley, Wdm	32-08.00
8	Munro, Megan	Dowling Cath	32-07.25
9	Yoss, Abby	Ankeny	31-11.50
10	Wilkins, Rileigh	Dowling Cath	30-10.75
11	Berg, Jennifer	Ames	30-04.75
12	Burton, Ashlan	Urbandale	30-00.75
13	Smith, Shaniah	Ames	29-11.25
14	Hughes, Kim	Johnston	29-07.75
15	Wilson, Mari	Mason City	28-10.00
16	Hennings, Amy	Ankeny	28-08.75
17	Wignall, Maddison	Marshalltown	28-05.00
18	Jones, Mackenzie	Fort Dodge	28-01.00
19	Hughes, Samantha	Marshalltown	27-07.50
20	Johanns, Jordan	Mason City	27-04.75

Event 2 Boys Discus Throw Varsity

Name	School	Finals
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Finals

1	Hubbard, Connor	Fort Dodge	153-05
2	Elbert, Spencer	Urbandale	149-10
3	Nelson, Erik	Waukee	145-05
4	Henaman, Josh	Valley, Wdm	136-08
5	Wells, Shaquille	Urbandale	136-00
6	Holtzbauer, Michael	Ames	134-04
7	White, Connor	Johnston	132-10
8	Swann, Javen	Mason City	132-01
9	Kouri, Sam	Dowling Cath	131-07
10	Campos, Jacob	Valley, Wdm	130-05
11	Sieck, Henry	Dowling Cath	130-03
12	Kleinschmidt, Jordan	Johnston	127-09
13	Phongsauanh, Justin	Ankeny	127-07
14	Gomez, Pedro	Marshalltown	127-03
15	Carlson, Michael	Fort Dodge	126-02
16	Bartram, Nick	SE Polk	121-07
17	Siehlmann, Joe	Ankeny	121-00
18	Burriola, Anthony	SE Polk	117-06
19	Burke, Michael	Ames	110-04
20	Giese, Zach	Mason City	101-02

Event 3 Girls Long Jump Varsity

Name	School	Finals
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Finals

1	Lovan, Lexus	Urbandale	18-07.50
2	Roberts, Jenny	Ankeny	17-05.00
3	Walding, Brooke	Dowling Cath	17-01.00
4	Lovan, Jamaica	Urbandale	16-10.50

5	Drees, Emma	Waukee	16-10.00
6	Astor, Lexi	Fort Dodge	16-07.00
7	Marshall, Megan	Ankeny	16-01.25
8	Vorba, Morgan	Mason City	15-09.75
9	Lipichok, Brittney	Dowling Cath	15-05.00
10	Allen, Jordan	Waukee	15-03.25
11	Bartlett, Ella	Ames	15-03.00
11	Sanchez, Lilian	Valley, Wdm	15-03.00
13	Engblom, Isabella	Johnston	14-10.00
14	Huinker, Jacey	SE Polk	14-09.00
15	Weisshaar, Hannah	Ames	14-05.00
16	Foster, Mikayla	Johnston	14-02.00
17	Sanders, Natalie	Valley, Wdm	13-08.25

Event 4 Boys High Jump Varsity

Name	School	Finals
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Finals

1	Seay, Jared	Johnston	6-06.00
2	Cutler, Andrew	Waukee	6-02.00
3	Boelts, Brandon	Ankeny	J6-02.00
4	Raab, Michael	SE Polk	J6-02.00
5	Hunke, Tyler	Waukee	6-00.00
6	Dannenfeldt, Quinn	Urbandale	5-08.00
6	O'Connor, Kellen	Valley, Wdm	5-08.00
6	Dowell, Chase	Dowling Cath	5-08.00
6	Skellenger, Collin	Valley, Wdm	5-08.00
10	Ewalt, Dacoda	Marshalltown	J5-08.00
---	Hall, Quentin	Urbandale	NH
---	Dietrich, Josh	Dowling Cath	NH
---	Penberthy, Stephen	Ames	NH
---	Tapia, Marco	Marshalltown	NH
---	Vaughn, Tyler	Fort Dodge	NH

Event 5 Girls Discus Throw Varsity

Name	School	Finals
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Finals

1	Bramble, Erin	Waukee	134-05
2	Gilson, Nicole	Urbandale	120-10
3	Taylor, Dakota	SE Polk	112-04
4	Cady, Alyssa	Waukee	108-00
5	Wignall, Maddison	Marshalltown	102-05
6	Larkin, Keely	Johnston	99-02
7	Hudson, Shana	Johnston	98-02
8	Andriano, Maggie	Ankeny	96-06
9	Wilson, Mari	Mason City	96-03
10	Herrington, Rachel	Fort Dodge	96-01
11	Greenlee, Hannah	Ames	94-01
12	Munro, Megan	Dowling Cath	92-00
13	Yoss, Abby	Ankeny	87-04
14	Amundson, Brooklyn	Marshalltown	83-01
15	Young, Cheryl	Valley, Wdm	82-04
16	Wilkins, Rileigh	Dowling Cath	81-07
17	Davis, Rose	Valley, Wdm	78-04
18	Johanns, Jordan	Mason City	74-02
19	Berg, Jennifer	Ames	62-03
20	Munsterman, Kaity	Urbandale	54-00

2013 CIC Conference Mee - 5/6/2013

5/6/2013

Results

Event 6 Boys Shot Put Varsity

Name	School	Finals
Finals		
1 Wells, Shaquille	Urbandale	57-00.50
2 Campos, Jacob	Valley, Wdm	51-01.50
3 Kirvin, Jake	Dowling Cath	49-00.00
4 Prescott, Riley	Fort Dodge	48-03.75
5 Gomez, Pedro	Marshalltown	47-09.50
6 Kofoot, Noah	Mason City	47-03.50
7 Tweeten, Nick	Waukee	46-09.50
8 Marcov, Sam	Ames	46-08.50
9 Nelson, Erik	Waukee	45-02.00
10 McCoy, David	Ankeny	45-00.50
11 Kragt, Elijah	Johnston	44-04.75
12 Ryan, Ben	Dowling Cath	43-05.00
13 Kropf, Keegan	Mason City	43-04.00
14 Porter, Jake	Fort Dodge	43-02.00
15 Theisen, Travis	Johnston	43-00.75
16 Elbert, Spencer	Urbandale	42-03.75
17 Smith, Zach	Marshalltown	41-11.00
18 Lawler, Cameron	SE Polk	41-10.50
19 Genzen, Cody	Valley, Wdm	40-05.25
20 Edmond, Rosevelt	Ames	39-06.00
21 Ross, Carter	SE Polk	38-09.50

Event 7 Boys Long Jump Varsity

Name	School	Finals
Finals		
1 Dowell, Chase	Dowling Cath	22-00.25
2 McQuerry, Tyson	Valley, Wdm	21-11.25
3 Goforth, Stephen	Ankeny	20-10.00
4 Simmons, RJ	Valley, Wdm	20-08.00
5 Beem, Jordan	SE Polk	20-05.00
6 Nayou, Gee	Urbandale	20-02.00
7 Martin, Darrius	Ames	19-09.50
8 Davis, Myles	Urbandale	19-09.25
9 Huess, Andrew	Johnston	19-09.00
10 Castro, Wesley	Fort Dodge	19-03.75
11 Davis, Chris	SE Polk	19-00.00
12 Davis, Josh	Ankeny	18-07.75
13 Gray, Pat	Waukee	18-06.00
13 Ewalt, Dacoda	Marshalltown	18-06.00
15 Brown, Jason	Dowling Cath	18-04.00
16 Gerdes, Joey	Fort Dodge	17-05.00
17 Christensen, Bryon	Johnston	17-01.50
18 McDowell, DeQuan	Marshalltown	16-10.50

Event 8 Girls High Jump Varsity

Name	School	Finals
Finals		
1 Kamm, Emily	Waukee	5-02.00
2 Cole, Jessica	SE Polk	5-00.00
3 Arneson, Kelsey	Ankeny	45-00.00
4 Faber, Audrey	Dowling Cath	45-00.00
5 Stirling, Caroline	Ankeny	4-10.00

6 Papouchis, Samantha	Mason City	J4-10.00
6 Vaughan, Ashley	Dowling Cath	J4-10.00
8 Sirfus, Emma	Johnston	J4-10.00
9 Carpenter, Katie	Waukee	4-08.00
10 Brammer, Emilee	Ames	J4-08.00
11 Morken, Kylie	Ames	J4-08.00
12 Brees, MacKenzie	Urbandale	4-06.00
12 Erbes, Mallary	Urbandale	4-06.00
--- Johnson, Myranda	Valley, Wdm	NH
--- Foust, Maddie	Valley, Wdm	NH

Event 9 Girls 3000 Meter Run Varsity

Name	School	Finals
Finals		
1 Kleve, Jordyn	Johnston	10:52.33
2 Foldes, Kenzie	Johnston	10:56.09
3 Brown, Taylor	Ankeny	11:07.36
4 Brush, Rachel	Waukee	11:12.66
5 Boylston, Payton	Ames	11:13.48
6 Nelson, Katie	Waukee	11:27.31
7 Kammeyer, Evie	Urbandale	11:36.13
8 Vogel, Dana	Ankeny	11:41.67
9 Svendsen, Nicole	Dowling Cath	11:42.68
10 Cole, Mickey	Urbandale	11:48.88
11 Boggess, Erin	Dowling Cath	12:22.26
12 Muyskens, Haley	Mason City	12:26.48
13 Ellis, Samantha	Valley, Wdm	12:41.65
14 Weisshaar, Alex	Valley, Wdm	12:53.27
15 Bettel, Kailyn	Mason City	13:14.42

Event 10 Boys 4x800 Meter Relay Varsity

Team	Relay	Finals
Finals		
1 Waukee	A	8:07.43
2 Johnston	A	8:09.87
3 Mason City	A	8:11.47
4 Ames	A	8:15.20
5 Ankeny	A	8:22.58
6 Urbandale	A	8:28.10
7 Valley, Wdm	A	8:31.94
8 Dowling Catholic, Wdm	A	8:32.30
9 SE Polk	A	8:32.93
10 Marshalltown	A	8:56.24
11 Fort Dodge	A	9:32.65

Event 11 Girls 4x800 Meter Relay Varsity

Team	Relay	Finals
Finals		
1 Ames	A	9:34.30
2 Valley, Wdm	A	9:39.62
3 Dowling Catholic	A	9:40.64
4 Waukee	A	9:44.14
5 Ankeny	A	9:45.82
6 Urbandale	A	10:03.60
7 Johnston	A	10:03.99
8 SE Polk	A	10:05.90

2013 CIC Conference Mee - 5/6/2013

5/6/2013

Results

Finals ... (Event 11 Girls 4x800 Meter Relay Varsity)

Team	Relay	Finals
9 Marshalltown	A	10:20.07
10 Mason City	A	10:30.97

Event 12 Boys 3200 Meter Run Varsity

Name	School	Finals
Finals		
1 Thomas, Jason	Dowling Cath	9:23.71
2 Anderson, Ben	Valley, Wdm	9:40.58
3 Soto, Dan	Valley, Wdm	9:47.68
4 Wieland, Tyson	Johnston	9:48.95
5 Simmons, Connor	Waukee	9:58.39
6 Borgestad, Brennan	Waukee	10:07.05
7 McKenzie, Ian	Dowling Cath	10:09.27
8 Erredge, Steven	Ankeny	10:24.95
9 Hershey, Drew	Johnston	10:28.05
10 Pellegrino, Ethan	SE Polk	10:31.17
11 Thompson, Thomas	Fort Dodge	10:42.55
12 Lang, Alex	Mason City	10:53.76
13 Lehman, Dalten	SE Polk	11:02.51
14 Penningroth, Jonah	Urbandale	11:05.28
15 Jenks, Chris	Ames	11:05.68
16 Elleby, Colin	Ankeny	11:08.46
17 Pizano, Angel	Marshalltown	11:20.79
18 Westphal, Michael	Urbandale	11:21.63
19 Pruegger, Hunter	Ames	11:44.60
20 Gudino, Juan	Mason City	11:51.15

Event 13 Boys 4x100 Meter Shuttle Hurdle Varsity

Team	Relay	Finals
Finals		
1 Waukee	A	57.44
2 Ankeny	A	58.23
3 Valley, Wdm	A	59.52
4 SE Polk	A	1:00.37
5 Ames	A	1:01.03
6 Urbandale	A	1:02.35
7 Mason City	A	1:02.49
8 Fort Dodge	A	1:03.15
9 Dowling Catholic, Wdm	A	1:04.09
10 Marshalltown	A	1:04.42
11 Johnston	A	1:05.90

Event 14 Girls 4x100 Meter Shuttle Hurdle Varsity

Team	Relay	Finals
Finals		
1 Waukee	A	1:02.22
2 Valley, Wdm	A	1:04.40
3 Dowling Catholic	A	1:05.49
4 Ankeny	A	1:06.48
5 SE Polk	A	1:09.04
6 Ames	A	1:09.13
7 Johnston	A	1:12.20
8 Mason City	A	1:12.75
--- Urbandale	A	DQ

Event 15 Girls 100 Meter Dash Varsity

Name	School	Finals
Finals		
1 Campbell, Jessica	Dowling Cath	12.11
2 Buss, Talia	Waukee	12.35
3 Gaines, Gabi	Waukee	12.55
4 Iles, Katie	Valley, Wdm	12.58
5 Reysack, Sydney	Ankeny	12.83
6 Gaffney, Mega	Urbandale	12.90
7 Newsome, Fatima	Fort Dodge	13.23
8 Johnson, Myranda	Valley, Wdm	13.28
9 McGinnis, Destiny	SE Polk	13.29
10 Kasap, Emma	Dowling Cath	13.32
11 Lessmeier, Alexis	Fort Dodge	13.32
12 Siegel, Sarah	Urbandale	13.33
13 MacGregor, Maddie	Johnston	13.35
14 Moss, Serena	Ankeny	13.38
15 Bartlett, Ella	Ames	13.56
16 Green-Harrington, Aolani	Mason City	13.56
17 Hagen, Monica	SE Polk	13.57
18 Kwaw-Mensah, Lynnette	Ames	13.83
19 Ziegler, Dani	Mason City	14.44
--- Ayers, Ronnoja	Johnston	DQ

Event 16 Boys 100 Meter Dash Varsity

Name	School	Finals
Finals		
1 Weddington, Jordan	Johnston	10.93
2 Washington, Cray	Fort Dodge	11.00
3 Barsetti, Joey	Dowling Cath	11.11
4 Kuyetah, Moussa	SE Polk	11.20
5 Hayes, Joe	Valley, Wdm	11.25
6 Garlock, Ben	Johnston	11.26
7 Ejubovic, Nihad	Waukee	11.35
8 Bell, Thomas	Dowling Cath	11.43
9 Philpot, Emmanuel	SE Polk	11.51
10 Martin, Darrius	Ames	11.53
11 Pettigrew, Brandon	Marshalltown	11.57
12 Moss, Ben	Urbandale	11.60
13 Heagle, Cole	Ankeny	11.60
14 Simmons, RJ	Valley, Wdm	11.73
15 Vongnhay, Alan	Waukee	11.74
16 Danielson, Matt	Mason City	11.85
17 Davis, Josh	Ankeny	11.95
18 Alexander, Jaylen	Urbandale	11.99
19 Thimesch, Grant	Marshalltown	12.27
20 Halligan, Tommy	Fort Dodge	12.52
21 Tornquist, Matt	Mason City	12.78
--- Kwaw-Mensah, Clifford	Ames	DQ

Event 17 Girls Distance Medley Varsity

Team	Relay	Finals
Finals		
1 Waukee	A	4:14.70
2 Dowling Catholic	A	4:18.73

2013 CIC Conference Mee - 5/6/2013

5/6/2013

Results

Finals ... (Event 17 Girls Distance Medley Varsity)

Team	Relay	Finals
3 Urbandale	A	4:20.58
4 Ankeny	A	4:21.63
5 Valley, Wdm	A	4:22.61
6 Johnston	A	4:24.38
7 SE Polk	A	4:26.01
8 Ames	A	4:32.76
9 Marshalltown	A	4:41.32

Event 18 Girls 400 Meter Dash Varsity

Name	School	Finals
Finals		
1 Norem, Ashley	Urbandale	58.48
2 Roberts, Jenny	Ankeny	58.98
3 Meyer, Makenzie	Mason City	59.44
4 Iles, Katie	Valley, Wdm	1:00.12
5 Gates, Taylor	Waukee	1:00.69
6 Sargent, Elisa	Ames	1:01.19
7 Seibel, Emily	Valley, Wdm	1:01.49
8 Allen, Jordan	Waukee	1:03.31
9 Ayers, Ronnoja	Johnston	1:03.94
10 MacGregor, Maddie	Johnston	1:05.25
11 Cahalan, Erin	Dowling Cath	1:06.64
12 Benson, Nicole	Urbandale	1:07.63
13 Westercamp, Ann	Dowling Cath	1:09.41
14 Barkema, Leah	Marshalltown	1:09.79
15 Wildman, Mykal	Marshalltown	1:10.96

Event 19 Boys 400 Meter Dash Varsity

Name	School	Finals
Finals		
1 Weddington, Jordan	Johnston	48.79
2 Bergstrom, Jack	Johnston	49.97
3 Lowe, Corbin	Waukee	50.42
4 Fortier, Rico	SE Polk	51.06
5 Matter, Zach	Ankeny	51.36
6 Gorsche, Joe	Dowling Cath	52.17
7 Vogel, Ross	Waukee	52.44
8 Dafney, DJ	Valley, Wdm	52.64
9 Kinyea, Titus	Urbandale	53.23
10 Shane, Spencer	Ames	53.37
11 Colemon, Markell	Urbandale	53.62
12 Carey, PJ	Ankeny	54.21
13 Drees, Chase	SE Polk	54.63
14 Worth, Blake	Valley, Wdm	54.65
15 Anderson, Zach	Fort Dodge	55.50
16 Snyder, JR	Dowling Cath	55.58
17 Gerdes, Joey	Fort Dodge	56.79
18 Spotts, Mac	Mason City	58.68
19 Thompson, Austin	Mason City	1:01.87

Event 20 Girls 4x200 Meter Relay Varsity

Team	Relay	Finals
Finals		
1 Dowling Catholic	A	1:42.75

2 Waukee	A	1:46.97
3 Fort Dodge	A	1:47.40
4 Valley, Wdm	A	1:47.81
5 Marshalltown	A	1:50.83
6 Urbandale	A	1:51.45
7 Ankeny	A	1:53.04
8 SE Polk	A	1:53.40
9 Mason City	A	1:54.59
10 Johnston	A	1:55.17
--- Ames	A	DQ

Event 21 Boys 4x200 Meter Relay Varsity

Team	Relay	Finals
Finals		
1 Johnston	A	1:30.36
2 Waukee	A	1:31.11
3 Valley, Wdm	A	1:31.50
4 SE Polk	A	1:31.68
5 Dowling Catholic, Wdm	A	1:32.45
6 Ankeny	A	1:32.73
7 Urbandale	A	1:34.59
8 Marshalltown	A	1:34.89
9 Mason City	A	1:36.57
--- Ames	A	DNF
--- Fort Dodge	A	DNF

Event 22 Girls 100 Meter Hurdles Varsity

Name	School	Finals
Finals		
1 Young, Mary	Urbandale	14.61
2 Rouw, Maddie	Waukee	14.63
3 Wong, Kellie	Ankeny	15.08
4 Smith, Mallory	Waukee	15.33
5 Musser, Kristen	Dowling Cath	15.49
6 Young, Courtney	Valley, Wdm	15.80
7 Matthews, Chloe	Valley, Wdm	15.87
8 Walding, Brooke	Dowling Cath	16.04
9 Hahn, Kaylee	Ames	16.12
10 Mills, Madi	Ames	16.78
11 Sevenich, Claire	Johnston	16.85
12 Fry, Lexi	SE Polk	16.86
13 Crist, Carly	Johnston	17.26
14 Brees, MacKenzie	Urbandale	17.37
15 Hill, Claire	Ankeny	17.88
16 King, Jenni	Mason City	17.89
17 Schupanitz, Abbi	Mason City	18.00

Event 23 Boys 110 Meter Hurdles Varsity

Name	School	Finals
Finals		
1 Larrison, Noah	Waukee	14.70
2 Tang, Lucas	Valley, Wdm	14.73
3 Lynn, Adam	Ankeny	15.05
4 Phothiboupha, Davonn	SE Polk	15.30
5 Deiter, Drew	Ankeny	15.65
6 Stanley, Josh	Valley, Wdm	15.77

2013 CIC Conference Mee - 5/6/2013

5/6/2013

Results

Finals ... (Event 23 Boys 110 Meter Hurdles Varsity)

Name	School	Finals
7 Killins, Kentrell	Ames	15.77
8 Stanley, Scott	Waukee	15.78
9 Wingert, Jason	SE Polk	16.62
10 Kragt, Jonah	Johnston	17.02
11 Galyon, Zach	Ames	17.11
12 Johnson, Adrean	Fort Dodge	17.18
13 MacDougall, Grant	Urbandale	17.47
14 Vaughn, Tyler	Fort Dodge	17.72
15 Shonka, Bryce	Dowling Cath	17.78
16 Johnson, Marshal	Urbandale	18.25
17 Ruddick, Connor	Marshalltown	19.17

Event 24 Boys 1600 Meter Run Varsity

Name	School	Finals
Finals		
1 Paulson, Nick	Ankeny	4:23.63
2 Krohnke, Austin	Waukee	4:25.10
3 Tunink, Ryan	Waukee	4:25.47
4 Schweizer, Ryan	Dowling Cath	4:26.21
5 Westlake, Connor	Johnston	4:29.35
6 DeRocher, Jeff	Dowling Cath	4:30.33
7 Anderson, Ben	Valley, Wdm	4:32.48
8 Wieland, Tyson	Johnston	4:40.26
9 Soto, Dan	Valley, Wdm	4:41.80
10 Eppink, Michael	Urbandale	4:45.38
11 Toomey, Jordan	SE Polk	4:50.25
12 Feddersen, Jacob	Ames	4:55.05
13 Cole, Mitch	SE Polk	5:00.22
14 Johnson, Sam	Marshalltown	5:04.45
15 Lang, Alex	Mason City	5:13.67
16 Kopacek, Lance	Urbandale	5:14.33
17 Thompson, Thomas	Fort Dodge	5:42.71

Event 25 Girls 800 Meter Run Varsity

Name	School	Finals
Finals		
1 Schweizer, Karissa	Dowling Cath	2:16.70
2 Marnin, Caroline	Ames	2:18.96
3 Sabotin, Kayla	Waukee	2:19.77
4 Roberts, Katie	Ankeny	2:20.22
5 Norem, Ashley	Urbandale	2:20.53
6 Kleve, Jordyn	Johnston	2:20.87
7 Miller, Vanessa	Dowling Cath	2:25.32
8 Hingl, Gretta	Valley, Wdm	2:25.95
9 Foldes, Kenzie	Johnston	2:26.88
10 Bosch, Katie	Ankeny	2:27.72
11 Blagg, Rachel	Marshalltown	2:28.87
12 Shryack, Megan	Waukee	2:31.53
13 Neustrom, Kara	Valley, Wdm	2:32.64
14 Middleswart, Casey	Urbandale	2:32.75
15 Zoutte, Jennifer	SE Polk	2:32.97
16 Muyskens, Haley	Mason City	2:37.42
17 Lawler, Mikaela	SE Polk	2:37.86
18 Bodholdt, Madison	Fort Dodge	2:38.04

19 Huehey, Michaela Marshalltown 2:38.05

Event 26 Girls 200 Meter Dash Varsity

Name	School	Finals
Finals		
1 Campbell, Jessica	Dowling Cath	25.26
2 Buss, Talia	Waukee	25.72
3 Oden, Eisha	Marshalltown	25.99
4 Iles, Katie	Valley, Wdm	26.03
5 Gaines, Gabi	Waukee	26.35
6 Ayers, Ronnoja	Johnston	26.37
7 Lynde, Brookley	Urbandale	27.05
8 Reysack, Sydney	Ankeny	27.13
9 MacGregor, Maddie	Johnston	27.40
10 White, Gabby	Dowling Cath	27.58
11 Peters, Regine	Ames	27.86
12 Papouchis, Samantha	Mason City	27.92
13 Haron, Fatima	Ames	28.15
14 Criner, Katelyn	Valley, Wdm	28.42
15 Szakacs, Sophia	Urbandale	28.51
16 Stirling, Caroline	Ankeny	28.63

Event 27 Boys 200 Meter Dash Varsity

Name	School	Finals
Finals		
1 Washington, Cray	Fort Dodge	22.25
2 Lowe, Corbin	Waukee	22.26
3 Ejubovic, Nihad	Waukee	22.47
4 Barsetti, Joey	Dowling Cath	22.85
5 Seay, Jared	Johnston	22.91
6 Mikesell, Deion	SE Polk	23.23
7 Kramme, Isaiah	Ankeny	23.24
8 Hernandez, Nick	Dowling Cath	23.36
9 Simmons, RJ	Valley, Wdm	23.48
10 Philpot, Emmanuel	SE Polk	23.48
11 Myers, Keegan	Fort Dodge	23.57
12 Hayes, Joe	Valley, Wdm	23.58
13 McDowell, DeQuan	Marshalltown	23.93
14 Steffensen, Tad	Marshalltown	23.93
15 Stringfellow, DeVaughn	Ames	24.12
16 Hansen, Colby	Ames	24.18
17 Johnson, Jivonte	Urbandale	24.71
18 Weddington, Jordan	Johnston	36.40

Event 28 Girls 400 Meter Hurdles Varsity

Name	School	Finals
Finals		
1 Lewis, Erika	Waukee	1:05.27
2 Young, Courtney	Valley, Wdm	1:07.89
3 Stroebele, Kaitlin	Urbandale	1:08.56
4 Netten, Claire	Ankeny	1:08.86
5 Drees, Emma	Waukee	1:09.77
6 Bruett, Nicki	Urbandale	1:10.11
7 Young, Emma	Valley, Wdm	1:11.53
8 Simmer, Regan	Dowling Cath	1:13.42
9 Orewiler, Savannah	Dowling Cath	1:14.96

2013 CIC Conference Mee - 5/6/2013

5/6/2013

Results

Finals ... (Event 28 Girls 400 Meter Hurdles Varsity)

Name	School	Finals
10 Ryken, Taylor	Ames	1:15.20
11 Cartwright, Kiersten	Johnston	1:15.36
12 Hovick, Emma	Ames	1:15.68
13 Rogers, Abbie	Johnston	1:17.61

Event 29 Boys 400 Meter Hurdles Varsity

Name	School	Finals
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Finals

1 Larrison, Noah	Waukee	54.12
2 Weiss, Zach	Ames	55.63
3 Conn, Neal	Dowling Cath	56.20
4 Jones, Keegan	Fort Dodge	56.27
5 Gray, Pat	Waukee	56.35
6 Stanley, Josh	Valley, Wdm	57.58
7 Fortier, Andre	SE Polk	57.96
8 Johnson, Marshal	Urbandale	58.05
9 Phothisboup, Davonn	SE Polk	58.37
10 Hansen, Thomas	Ames	58.64
11 Keeler, Kolby	Marshalltown	58.71
12 Lynn, Adam	Ankeny	59.59
13 Williamson, Lance	Fort Dodge	59.63
14 Prescott, Quinn	Urbandale	1:00.23
15 Evans, Bryce	Ankeny	1:00.90
16 Paone, Jordan	Marshalltown	1:01.64
17 Whitehouse, Joey	Valley, Wdm	1:01.92
18 Cooney, Spencer	Dowling Cath	1:04.07
19 Spotts, Mac	Mason City	1:06.42

Event 30 Boys Distance Medley Varsity

Team	Relay	Finals
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Finals

1 Waukee	A	3:39.28
2 Johnston	A	3:40.42
3 Ames	A	3:41.09
4 SE Polk	A	3:45.92
5 Valley, Wdm	A	3:47.51
6 Dowling Catholic, Wdm	A	3:48.67
7 Marshalltown	A	3:49.21
8 Ankeny	A	3:51.67
9 Fort Dodge	A	4:00.31
10 Urbandale	A	4:01.52

Event 31 Girls 800 Sprint Medley Varsity

Team	Relay	Finals
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Finals

1 Waukee	A	1:50.97
2 Valley, Wdm	A	1:51.43
3 Urbandale	A	1:53.68
4 Fort Dodge	A	1:55.99
5 Dowling Catholic	A	1:56.64
6 Ames	A	1:57.45
7 Ankeny	A	1:59.22
8 SE Polk	A	2:02.31
9 Marshalltown	A	2:02.63

10 Mason City	A	2:03.30
11 Johnston	A	2:07.77

Event 32 Girls 1500 Meter Run Varsity

Name	School	Finals
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Finals

1 Kleve, Jordyn	Johnston	4:53.03
2 Foldes, Kenzie	Johnston	4:57.43
3 Pritchard, Zoe	Ames	4:59.20
4 Smith, Kate	Ankeny	4:59.99
5 Prescott, Elyse	Urbandale	5:01.55
6 Luksan, Jennifer	Dowling Cath	5:01.69
7 Brown, Torey	Valley, Wdm	5:04.25
8 Moreno, Trina	Urbandale	5:08.98
9 Sullivan, Ellen	Dowling Cath	5:12.75
10 Young, Bri	Waukee	5:16.47
11 Brown, Jenny	Waukee	5:22.35
12 Bodholdt, Madison	Fort Dodge	5:43.49
13 Brown, Amanda	Valley, Wdm	5:47.62
14 Runquist, Emma	Marshalltown	5:53.81
15 Penca, Kenzie	Mason City	6:02.85

Event 33 Boys 800 Meter Run Varsity

Name	School	Finals
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Finals

1 Stumberg, Irvin	Waukee	1:59.59
2 Roszart, Jordan	Waukee	2:00.23
3 Gorsche, Joe	Dowling Cath	2:00.81
4 Schweizer, Ryan	Dowling Cath	2:01.94
5 Everett, Broc	Valley, Wdm	2:03.10
6 Tigges, Ryan	Johnston	2:03.82
7 Grim, Lee	Ames	2:03.87
8 Harris, Jorvik	Ankeny	2:04.56
9 Caracci, Jeremy	Johnston	2:07.45
10 Talbert, Daniel	Marshalltown	2:08.24
11 Barnes, Josh	SE Polk	2:09.10
12 Daft, David	Valley, Wdm	2:09.19
13 Ganzeveld, Nick	Fort Dodge	2:10.04
14 McLaughlin, Thomas	SE Polk	2:12.52
15 Crane, Alec	Urbandale	2:13.96
16 Thompson, Austin	Mason City	2:19.26
17 Rogers, Bryce	Fort Dodge	2:25.92

Event 34 Girls 4x100 Meter Relay Varsity

Team	Relay	Finals
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Finals

1 Waukee	A	49.03
2 Dowling Catholic	A	49.11
3 SE Polk	A	50.32
4 Ankeny	A	50.83
5 Urbandale	A	50.95
6 Fort Dodge	A	51.25
7 Valley, Wdm	A	51.44
8 Ames	A	51.88
9 Marshalltown	A	53.76
10 Mason City	A	54.30

2013 CIC Conference Mee - 5/6/2013

5/6/2013

Results

Finals ... (Event 34 Girls 4x100 Meter Relay Varsity)

Team	Relay	Finals
--- Johnston	A	DQ

Event 35 Boys 4x100 Meter Relay Varsity

Team	Relay	Finals
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Finals

1	SE Polk	A	43.29
2	Johnston	A	43.43
3	Ames	A	43.97
4	Valley, Wdm	A	44.04
5	Waukee	A	44.31
6	Dowling Catholic, Wdm	A	44.46
7	Fort Dodge	A	44.51
8	Urbandale	A	45.20
9	Ankeny	A	45.56
10	Mason City	A	46.20

Event 36 Girls 4x400 Meter Relay Varsity

Team	Relay	Finals
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Finals

1	Mason City	A	4:02.83
2	Waukee	A	4:03.50
3	Ankeny	A	4:05.22
4	SE Polk	A	4:09.26
5	Marshalltown	A	4:10.40
6	Valley, Wdm	A	4:12.31
7	Urbandale	A	4:21.54
8	Johnston	A	4:22.26
9	Dowling Catholic	A	4:29.41

Event 37 Boys 4x400 Meter Relay Varsity

Team	Relay	Finals
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Finals

1	Ankeny	A	3:26.71
2	Johnston	A	3:27.88
3	Urbandale	A	3:27.89
4	Mason City	A	3:28.50
5	Ames	A	3:29.93
6	SE Polk	A	3:34.80
7	Valley, Wdm	A	3:35.88
8	Fort Dodge	A	3:36.61
9	Dowling Catholic, Wdm	A	3:39.43
10	Marshalltown	A	3:44.23

Event 38 Boys 100 Meter Dash Wheelchair Varsity

Name	School	Finals
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Finals

1	Leazer, Sheldon	Ankeny	25.47
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Event 40 Boys 200 Meter Dash Wheelchair Varsity

Name	School	Finals
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Finals

1	Leazer, Sheldon	Ankeny	48.42
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Event 41 Boys Shot Put Wheelchair Varsity

Name	School	Finals
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Finals

1	Leazer, Sheldon	Ankeny	12-11.50
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Women - Varsity - Team Rankings - 19 Events Scored

1)	Waukee	180
2)	Dowling Catholic	97.5
3)	Urbandale	96
4)	Ankeny	91
5)	Valley, WDM	81
6)	Johnston	62
7)	Ames	39
8)	SE Polk	37
9)	Mason City	20.5
10)	Fort Dodge	19
11)	Marshalltown	18

Men - Varsity - Team Rankings - 18 Events Scored

1)	Waukee	150
2)	Johnston	102
3)	Valley, WDM	93
4)	Dowling Catholic, WDM	81.5
5)	Ankeny	66
6)	SE Polk	57
7)	Urbandale	43.5
8)	Ames	43
9)	Fort Dodge	42
10)	Mason City	17
11)	Marshalltown	7